

Silver Threads

TOWNSEND SENIOR CENTER

From the Desk of the Director -

Like many of you, I enjoy living vicariously through travel shows, Viking River Cruise ads, and the brochures we have here promoting trips to places like the Badlands of South Dakota and Iceland.

When contemplating the topic of retirement and “the Golden Years” (which I prefer to refer to as the third stage of life; a conversation for another time) many of us think about creating a bucket list. Usually it consists of trips to some far flung reaches of the Earth.

I love to travel! My bucket list includes taking my kids to Germany, driving through the United States in a truck with a fifth-wheel, and maybe even a Mediterranean cruise (or two... or three).

The world is an amazing place and the adventures are just waiting for us to find them! However, sometimes life takes you places you wouldn't have thought to go ... like Biloxi. **Really!?! We are headed there to spend the Independence Day weekend with our Airman.** Granted, I'm sure there are plenty of noteworthy things to do and see there and certainly the food has to be amazing! (Can you say shrimp?) So watch out Biloxi, here we come! Feel free to stop in and ask me how it was.

I sincerely hope you all have created a bucket list whether it takes you around the world or simply on a day trip to Boston; visit a friend in Vermont or take walk on the beach. Need some inspiration? Just come in. We will help you explore your options and then you will see why this is where you WANT to be.

Karin



Karin Canfield Moore, Director
Janet Cote, Outreach Coordinator
Susan Dejniak, Assistant Program Coordinator
Donna Fenton, Kitchen Manager/Volunteer Coordinator
Donna Howard, Transportation Administrator
Katie Petrossi, Program Coordinator

Townsend Senior Center Hours
Monday-Friday: 9am-3pm
Wednesday: 9am-8pm
16 Dudley Road, Townsend, MA 01469
978-597-1710

<https://www.townsend.ma.us/senior-center-council-aging>

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SPECIAL EVENTS (RSVP requested)



Pickleball

Wednesdays in July at 9:00am

Think tennis on a smaller court; a fun workout that's easier on your knees! Sessions will be outdoors & facilitated.



Pastries on the Patio

Tuesdays, July 9 and 23 at 9:30am

Enjoy the cool morning air on our delightful new patio, complete with coffee and pastries.



Happy Feet

Wednesday, July 10 at 11am

A discussion about the importance of maintaining foot health to promote an independent, active, healthy and safe lifestyle. The nurse will cover tips and recommendations to keep feet happy and healthy and prevent problems. It IS sandal season, after all!



Laughter Yoga

Wednesdays, July 10 and 24 at 3pm

Learn to laugh with special guided techniques, a real and contagious laughter that oxygenates your body and brain. Free!



Book Talk & Signing with Ted Reinstein

Wednesday, July 10 at 7pm

Author of *New England's General Stores* provides insights on this quintessential New England experience: its origins, near extinction, and recent renaissance.



Lobster Bake

Thursday, July 18 at 12pm

Cost: \$7

Our annual lobster roll lunch is back! Tickets must be purchased in advance; no take-outs please.



Golden Oldies Concert & Patio Party

Wednesday, July 24 at 6pm

Enjoy live music and light refreshments in the shade of our covered patio!



TED Talk: Embracing Change

Tuesday, July 30 at 11am

Jason Clarke sheds some light on why change can be so uncomfortable, and what we can do to embrace it.

Discussion will follow this brief video.

MONTHLY EVENTS

Book Club

Wednesday, July 10 at 1pm

Book club meets the 2nd Wednesday of every month, and new members are always welcome. Books are usually available at the Townsend Public Library. This month's group will discuss *Clock Dance* by Anne Tyler

Birthday Party

Thursday, July 11 at 12pm

Please join us for our monthly celebration honoring this month's birthdays, including a delicious homemade meal and birthday cake.

Genealogy Club with Dwight Fitch

Friday, July 12 at 10:30am

Trace your ancestry and find out where your family tree has roots. Join anytime, no need to sign up.

Council on Aging Board Meeting

Tuesday, July 16 at 10am Help determine Senior Center priorities, all are welcome.

O'Neil Cinemas Movie Club:

Wednesday, July 17 at TBD (late afternoon)

Cost: \$12 (incl ticket & transportation; meal extra)

The movie titles haven't been announced yet, but we'll pick something good. Relax in leather recliners, have snacks or a meal delivered to your seat, and enjoy the show!

Bus Trip: Good Harbor Beach, Gloucester

Friday, July 26

Cost: \$10

Spend the day at this beautiful beach with lovely white sand. At low tide, one can walk out to Salt Island. Restrooms, concessions, and showers available.

Bus Trip: Fitchburg Outdoor Concert Series

Wednesday, July 31 at 5:30pm

Cost: \$5

Enjoy the music of rock band ABRAXAS, the ultimate Carlos Santana tribute band. With music spanning five decades, you're sure to remember these hits! Food trucks too!

Please let us know if you are living alone and would like a weekly phone call to check in on you.

Community Happenings



Spotlight on Janet Cote: Her Serving Started Early By Alice Struthers



“My first job was waiting on table in my father’s restaurant,” Janet Cote recalls. That familiar Townsend downtown restaurant was “Cliff’s Eat ’N Joy,” the premises known today as “Cliff’s Café.” “The day when fishing season opened in the Spring was our busiest day,” she said. “Lots of folks showed up real early.”

As the Senior Center’s Outreach Coordinator she serves townspeople in a different way, for 15 hours per week. She calls senior members of the community to check on them and to invite them to visit the Center and learn of its programs. At times she connects people with services available to them. She developed her management skills in a job at New England Business Service for several years in the credit collections department.

Born in Cambridge, she came to live in Townsend when she was seven years old. She has two daughters and two grandsons.

Around Town:

The First Harbor Fire Station

By Alice Avery Struthers

A devastating fire in Townsend alerted the town to the need for modernized fire-fighting equipment, to be housed in each of the three sections of town. The Harbor Station was built in 1875. It sat straddling the canal, across Main Street from where it sits today. When space became available across the street, it was moved there in 1935. It became a neighborhood gathering place where the area's children were welcomed in for a party on Halloween. During the latter 1900s, the "fire horn" that summoned volunteer firefighters for fire duty, was tested at 8 in the morning and 6 at night. It served, in Summer, as the call to wandering children to come home to dinner. Today the building sits in a disheveled state, surpassed in function by a new, expanded Harbor Station, another town building, passed over by time.



Program Notes:

- NO Bingo July 10th due to library programming
- No Gentle Yoga on July 15th
- NO Silver Sneaker (Stretch & Tone) on July 16th due to library programming
- NEW PROGRAM: Wii Balance games, Thursdays at 1pm. Assess your balance, have some fun, and lower your fall risk!

➤ Reach the Senior Market
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or (800) 477-4574 x6377








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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:30 Gentle Yoga 10:00 Chair Exercise 10:00 Stamp Collecting 10:30 Watercolor 11:00 Chorus 12:00 Lunch: Chicken Picatta 12:45 Qi Gong 1:00 Healthy Living Group 1:00 Rummikub 1:00 Wii Bowling (League) 1:00 Knitting Group	2 10:00 Silver Sneakers 12:00 Lunch: Beef Burgandy 12:30 Walking Club 1:00 Trivia & Jeopardy 1:00 Flute 1:30 Watercolor Message by appt.	3 9:00 Pickleball 10:00 Chair Exercise 10:30 Watercolor 12:00 Lunch: Cheeseburger 12:30 Woodworking 1:00 Knitting Group 1:00 Bingo 3:00 Chair Exercise Message by appt.  **Closing at 3pm** 	4  Closed for Independence Day	5  Closed for Independence Day
8 9:30 Gentle Yoga 10:00 Chair Exercise 10:30 Watercolor 12:00 Lunch: Pork & Red Pepper Pasta 12:00 Medicare Counseling 12:45 Qi Gong 1:00 Rummikub 1:00 Wii Bowling (League) 1:00 Knitting Group	9 9:30 Pastries on the Patio 10:00 Silver Sneakers 12:00 Lunch: Ginger Chicken 12:30 Walking Club 1:00 Flute 1:30 Watercolor Message by appt.	10 9:00 Pickleball 10:00 Chair Exercise 10:30 Watercolor 11:00 Happy Feet 11:00 Women's Conversation 12:00 Well Adult Clinic 12:00 Lunch: Rosemary Pork 12:30 Woodworking 1:00 Book Club 1:00 Knitting Group 3:00 Chair Exercise 3:00 Mini Acrylic Sunflowers 3:00 Laughter Yoga 4:00 Smartphone Help 6:00 Ted Reinstein Book Party 6:00 Managing Chronic Disease 6:00 Friends Meeting 6:30 T.O.P.S. 6:30 Tai Chi at Common Manicures/Pedicures/Reflexology by appointment	11 10:00 Silver Sneakers 10:00 Shuffleboard 10:30 Watercolor 11:00 Wii Bowling (open to all) 12:00 Lunch & Birthday Party: Turkey Soup & Grilled Cheese 12:30 Walking Club 1:00 Cribbage 1:00 Wii Balance Games 1:00 Needlefelted Flower Pin 1:30 Chair Yoga	12 9:00 Quazy Quilters 10:00 Line Dancing (improver) 10:00 Chair Exercise 10:00 Scrabble 10:30 Genealogy 11:00 Line Dancing (intermediate) 12:00 Lunch: Soup/Salad Bar 12:30 Movie: <i>Going In Style</i> 1:00 Mahjong Manicures/Pedicures/Reflexology by appointment
15 10:00 Chair Exercise 10:00 Stamp Collecting 10:30 Watercolor 12:00 Lunch: Kielbasa Cabbage Casserole 12:45 Qi Gong 1:00 Pin Loom Flowers 1:00 Rummikub 1:00 Wii Bowling (League) 1:00 Knitting Group	16 10:00 COA Meeting 12:00 Lunch: Steak & Cheese Grinder 12:30 Walking Club 1:00 Trivia & Jeopardy 1:00 Flute 1:30 Watercolor Message by appt.	17 9:00 Pickleball 10:00 Chair Exercise 10:00 Hearing Clinic 10:30 Watercolor 12:00 Lunch: Grilled Chicken 12:30 Woodworking 1:00 Bingo 1:00 Knitting Group 3:00 Chair Exercise 4:00 Smartphone Help	18 9:00 Cribbage Tournament 10:00 Shuffleboard 10:00 Silver Sneakers 10:30 Watercolor 11:00 Wii Bowling (open to all) 12:00 Lobster Bake 12:30 Walking Club 12:45 Travel Talk 1:00 Wii Balance Games 1:30 Chair Yoga	19 9:00 Quazy Quilters 10:00 Line Dancing (improver) 10:00 Chair Exercise 11:00 Line Dancing (intermediate) 12:00 Lunch: Soup/Salad Bar 12:00 Hairdresser 1:00 Mahjong

<p>22</p> <p>9:30 Gentle Yoga 10:00 Chair Exercise 10:30 Watercolor 12:00 Lunch: Lasagna Roll 12:45 Qi Gong 1:00 Summer Topiary Flower Arranging 1:00 Rummikub 1:00 Wii Bowling (League) 1:00 Knitting Group</p>	<p>23</p> <p>9:30 Pastries on the Patio 10:00 Silver Sneakers 12:00 Lunch: Chef Salad 12:30 Walking Club 1:00 Flute 1:30 Watercolor Message by appt.</p>	<p>24</p> <p>9:00 Pickleball 10:00 Chair Exercise 10:30 Watercolor 11:00 Women's Conversation 12:00 Lunch: Beef & Lentil Chili 12:30 Woodworking 1:00 Bingo 1:00 Knitting Group 3:00 Chair Exercise 3:00 Laughter Yoga 4:00 Smartphone Help 5:00 Evening Quilting 6:00 Managing Chronic Disease 6:00 Golden Oldies Patio Party and Concert 6:30 T.O.P.S. 6:30 Tai Chi at Common</p> <p>Message by appt.</p>	<p>25</p> <p>10:00 Silver Sneakers 10:00 Shuffleboard 10:30 Watercolor 11:00 Wii Bowling (open to all) 12:00 Lunch: BBQ Pork Tenderloin 12:30 Walking Club 1:00 Wii B'valance Games 1:00 Cribbage 1:30 Chair Yoga</p>	<p>26</p> <p>8:00 Bus Trip: Good Harbor Beach 9:00 Quazy Quilters 10:00 Line Dancing (improver) 10:00 Chair Exercise 10:00 Scrabble 11:00 Line Dancing (intermediate) 12:00 Lunch: Soup/Salad Bar 12:30 Movie: <i>Woman in Gold</i> 1:00 Mahjong Manicures/Pedicures/Reflexology by appointment</p>
<p>29</p> <p>9:30 Gentle Yoga 10:00 Chair Exercise 12:00 Lunch: Dill Salmon 12:45 Qi Gong 1:00 Rummikub 1:00 Wii Bowling (League) 1:00 Knitting Group 1:00 Diabetes Wellness Group</p>	<p>30</p> <p>10:00 Silver Sneakers 11:00 TED Talk: Embracing Change 12:00 Lunch: Pesto Cream Chicken 12:30 Walking Club 1:00 Trivia & Jeopardy 1:00 Flute Message by appt.</p>	<p>31</p> <p>9:00 Pickleball 10:00 Chair Exercise 12:00 Lunch: Meatloaf 12:30 Woodworking 1:00 Bingo 1:00 Knitting Group 3:00 Chair Exercise 4:00 Smartphone Help 5:30 Bus Trip: Fitchburg Outdoor Concert Series 6:00 Managing Chronic Disease 6:30 T.O.P.S. 6:30 Tai Chi at Common</p>	<p>Many thanks to Gables of Fitchburg and Stewart's Florist for sponsoring our birthday lunch!</p>	

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THAT SUPPORT OUR COMMUNITY**



ARTS & CRAFTS



Knitting Group
Mondays & Wednesdays at 1pm
(Drop In)



Woodworking
Wednesdays at 12:30pm (Drop In)
Try something new! Experienced carvers & burners available to assist those new to the craft.



Evening Quazy Quilters
July 24 at 5pm (Drop In)
Sewing machines, fabric, & ideas available, or bring your own. Fellow quilters will assist in piecing things.



Watercolor Classes
Mondays Series (10:30am):
July 1, 8, 15, 22 (no class 7/29)
Tuesday Series (1:30pm):
July 2, 9, 16, 23 (no class 7/30)
Wednesday Series (10:30am):
July 3, 10, 17, 24 (no class 7/31)
Thursday Series (10:30am):
July 11, 18, 25 (no class 7/4)
Cost: \$22/3 week class; \$30/4 weeks



Mini Acrylic Sunflowers
Wednesday, July 10 at 3pm
Cost: \$10

Easy acrylic mini sampler. Paint a sunflower on a 6x6 canvas... perfect for beginners!



Sponsored by
RiverCourt

Flower Power on a Zoom Loom
Monday, July 15 at 1pm
Cost: \$2

Come use a cool tool for an easy way to weave! Flower can be used lots of ways: scarf ring, napkin ring, hat or coat pin. You decide!



Summer Topiary Arranging
Monday, July 22 at 1pm
Cost: \$10

Dixie Pickard will guide us to arrange Peruvian Lilies into a beautiful summer centerpiece!



Needlefelted Flower Pins
Thursday, July 11 at 1pm
Cost: FREE

This is the ideal, quick summer needlefelting project... make it as simple or elaborate as you desire. Finished project will also have hemmed or stitched edging. The perfect accessory for summer knits, a scarf holder, or hostess gift!

JUST FOR FUN



Scrabble
July 12 & 26 at 10am



Movie Matinee
Friday, July 12 at 12:30pm
Going In Style
Friday, July 26 at 12:30pm
Woman in Gold



Rummikub
Mondays at 1pm



Trivia & Jeopardy
Tuesdays, July 2 and 16 at 1pm



Cribbage—Regular Play
Thursdays at 1pm (except 7/4 & 18)
Cribbage Tournaments
Thursday, July 18 at 9am



Smartphone Help Sessions
Wednesdays at 4pm



Mahjong
Fridays, July 12, 19, 26 at 1pm



Shuffleboard
Thursdays at 10am
Come check out our new table!



Native American Flute Lessons
Tuesdays at 1pm

Cost: \$40 for 4 week sessions
Ever wish you could play an instrument? Now you can! The Native American Flute is an intuitive instrument, no reading sheet music required. If you can cover the holes and breathe, you can play.



Stamp Collecting
Mondays, July 1 and 15 at 10am
Beginners and lifelong enthusiasts welcome!



Wii Bowling
Thursdays at 11:00am



Wii Balance Training Games
Thursdays at 1pm

Mission Statement: *The Townsend Council on Aging is committed to the continued growth and wellbeing of our senior citizens by providing programs, education, information and referral services with a goal of helping seniors achieve the best quality of life possible.*

PERSONAL CARE



Women's Meditation Group
On Summer Break—Returning this fall!

Qi-Gong
Mondays, at 12:45pm
Cost: \$5/class

Qi Gong is a gentle, soothing form of exercise excellent for seniors. It is also effective in improving balance, relieving pain, encouraging mobility and reducing stress.



T.O.P.S.
Wednesdays, at 6:30pm

Reach your weight-loss goals by providing you with the tools, information, support, and accountability you need to be successful.



Healthy Living Group
Monday, July 1 at 1pm

This group offers the opportunity for open discussion on healthy eating, exercise, and well-being. A new topic of discussion is introduced each month.



Reflexology, Manicures & Pedicures
Fridays, July 12 & 26
Wednesday, July 10 by Appt.
Cost: Reflexology (\$25/half hr.);
Manicure (\$15); Pedicure (\$22)



Massage with Morningstar of Little Bear Massage
Tuesdays (July 2, 9, 16, 23, 30) and Wednesdays, July 3 and 24 By Appt. \$45/50 min

Women's Conversation Group
Wednesdays, July 10 and 24 at 11am

Join us to discuss rotating topics of well-being, aging, personal history, current events, and anything else the group desires.

Diabetes Wellness Support Group
Monday, July 29 at 1pm

Manage your diabetes with confidence. Topics will include managing stress, lifestyle changes, shared experiences, preventing complications, etc.

Well Adult Clinic
Wednesday, July 10 at 12pm

BP screening, glucose check, general health and first aid.

Hearing Clinic
Wednesday, July 17 at 10am

Evening Tai Chi for adults of all ages
(at the Townsend Common, weather permitting)
Wednesdays, 6:30 –8pm Cost: donation

UP & COMING

In observance of Independence Day, the Senior Center will close at 3pm on July 3rd and be closed on July 4th and 5th.

- August 7: Laughter Yoga Club
- August 8: Friends of the Townsend Seniors Band Concert
- August 9: Bus Trip: Fleetwood Mac Tribute Band
- August 14: Grandparents Raising Grandchildren support group (dinner and childcare included)
- August 15: CannaCare Medical Marijuana Talk
- August 16: Coach Bus Trip: Cape Ann Whale Watch
- September: Elsa Williams Needlework Show in the Meeting Hall. We are looking for pieces to exhibit. If you have any, please see Karin.

GROUP FITNESS

Chair Exercise
Mondays, Wednesdays, & Fridays at 10am
Wednesdays at 3 pm
Exercise through video instruction.

Gentle Yoga
Mondays at 9:30am Cost: \$6/class

No Class
7/15

Silver Sneakers™
Tuesdays & Thursdays at 10am
Cost: \$5/class, paid per class

No Class
7/16

Indoor/Outdoor Walking Club
Tuesdays & Thursdays at 12:30pm

Chair Yoga with Carin
Thursdays at 1:30pm Cost: \$6/class

Line Dancing
Fridays; Cost: \$5/class or \$7 for both/all
Improver: 10:00am –11:00am
Advanced class continues until 11:30

No Class
7/5

Community Services:

Elder Abuse Hotline: (800) 922-2275
 Executive Office of Elder Affairs: (617) 727-7750
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 Nashoba Nursing Service: (978) 425-6675
 Townsend Ecumenical Outreach (978) 597-2209

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 Elizabeth Warren (D), US Senate: (202) 224-4543
 Lori Trahan (D), US Representative: (202) 225-3411
 Dean Tran, MA Senate: (617) 722-1230
 Sheila Harrington, MA Representative: (617) 722-2305

Need a ride to Community Suppers?

Several Townsend churches/organizations offer free community suppers on Wednesday evenings. If you'd like to attend but don't want to drive, give us a call! Our van is ready to take you!

SHINE

"MEDICARE AND MORE" PROGRAM

The Central MASS SHINE Program is now sponsoring a monthly cable tv program called SHINE's MEDICARE AND MORE", we hope your local cable channel will pick it up. This program is designed to educate and update MEDICARE beneficiaries and their families on MEDICARE and other programs that can assist you with your health insurance needs. If you don't see it on your local cable channel give them call and ask about it.

Trained SHINE (Serving Health Insurance Needs of Everyone) volunteers can help you! They offer free, unbiased, confidential counseling on all aspects of health insurance to anyone on Medicare. Call your senior center and ask for a SHINE appointment. You can also call 1-800-AGE-INFO (1-800-243-4636), then press or say 3. Once you get the SHINE answering machine, leave your name and number. A volunteer will call you back. You can now visit us on the internet at shinema.org

ROAD RUNNER BUS SCHEDULE **

PLEASE CALL IN YOUR RESERVATION AT LEAST 48 HOURS IN ADVANCE

Schedule all appointments by calling 978-597-1710

	Monday	Tuesday	Wednesday	Thursday	Friday
Mornings 9:30am—12:00pm	Pepperell (Medical)	Leominster (Medical)	Townsend (Medical and Errands)	Groton and Ayer (Medical)	Fitchburg and Lunenburg (Medical)
Afternoons 1:00—3:00pm	Townsend (Errands)	Leominster (Errands)	Townsend (Medical and Errands)	Townsend (Errands)	Fitchburg and Lunenburg (Errands)

DESTINATIONS:

- **Medical:** Doctors, Dentists, Therapies, Lab work, etc.
- **Errands:** Grocery, Pharmacy, Bank, Shopping, Hair dresser/Barber, etc.

FARES (One Way):

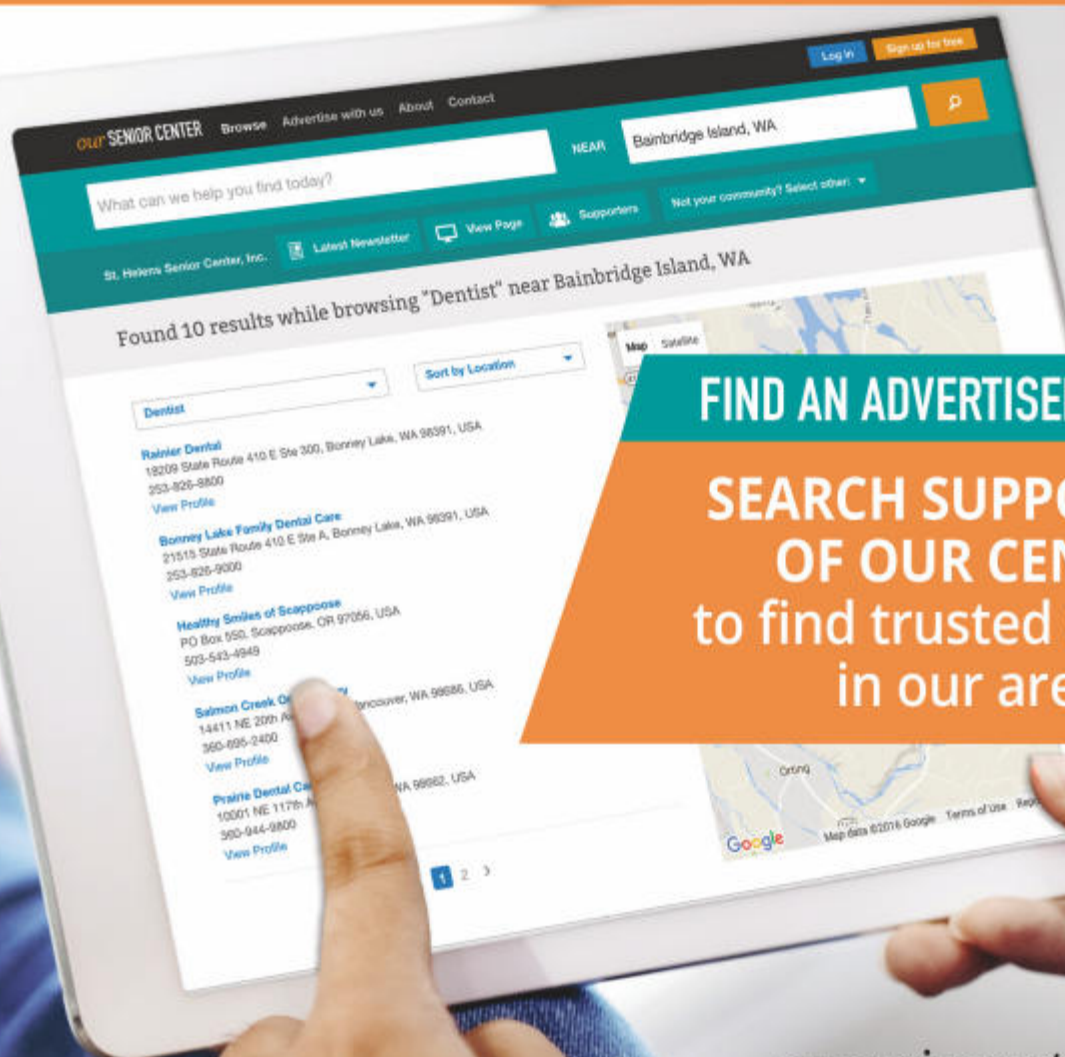
- Within Townsend: \$1.25
- Outside Townsend: \$1.75
- Discounted rate for Atwood Acres/Townsend Woods to the Senior Center (roundtrip): 50¢

**Occasionally, Senior Center day trips may alter this schedule.

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Logic Puzzle

Five family members meet for a picnic. Use the clues below to work out how they got there and what snack they brought with them. Read through the list of clues below and use the grid to record information. Place a “√” in a box if you have definitive positive information and an “X” for definitive negative information.

Clues:

- Brady rode his motorbike and brought food with him.
- The person driving the car brought water.
- Both Janice and Kevin didn't drive a car no cycle to get to the picnic.
- Molly exercised her legs getting to the picnic but she didn't bring the salad.
- A woman walked to the picnic and brought some camembert.
- Kevin took something to drink.

		Transport					Snack				
		Bicycle	Car	Motorbike	Train	Walk	Cheese	Crackers	Lemonade	Salad	Water
Family	Anna			X							
	Brady	X	X	√	X	X					
	Janice			X							
	Kevin			X							
	Molly			X							
Snack	Cheese										
	Crackers										
	Lemonade										
	Salad										
	Water										

Complete the puzzle & turn it in to Katie for a chance to win a prize! Puzzle winner from last month:

Lynda Poloian

See Katie for your prize!

The Senior Center is in need of:

- Paper towels
- Lysol disinfectant wipes
- 6" paper bowls
- Carbon Paper (for woodcrafts)

Thank you for considering the Senior Center!



WHAT ARE FRIENDS FOR?

In the past year the Friends of Townsend Seniors sponsored and/or supported...

- Turkey Train tour of Lake Winnepesaukee
- Indian Hill Big Band and Beatles for Sale
- Senior Luncheon
- Foxwoods Bus Trips
- Winnepesaukee Playhouse
- Mini Golf

No... we do not pay for everything!

We subsidize transportation and tickets to make events affordable. Our two major fundraisers are the Holiday Fair and Band Concert.

OUR DREAMS EXCEED OUR MEANS... WE NEED YOU!

Gotta sell a lot of cookies and hot dogs to maintain our support at the Senior Center. We are desperately in need of Friends who have alternative AND exciting fundraising ideas AND a willingness to share the workload.

Stop by the next meeting of the Friends
Wednesday, July 10 at 6pm at the Senior Center

Want to Join?
Stop by the Center for the Registration Form

FRIENDS OF THE TOWNSEND SENIORS

☐ \$5 Friend ☐ \$10 Family ☐ Benefactor \$ _____
New Member ☐ Renewal ☐

Name: _____

Address: _____

Town: _____ Phone: _____

☐ I'm interested in volunteering. Call me for the next event.

Checks payable to: Friends of Townsend Seniors
PO Box 972, Townsend, MA 01469.

You may also drop the form at the Senior Center.

CRIBBAGE CORNER (JUNE 13TH REGULAR PLAY)

High Scores:

Linda Holmes & Leona Sanford (369)



Thank you to Hannaford for the bread and pastry donations on Mondays and Wednesdays