

Townsend Recreation Commission Meeting

At HBMS Gym, Townsend MA 01469

Agenda for August 9, 830am

Other Business

Adjourn

Rec'd Townsend Town Clerk
4 AUG '22 AM9:00

Reckids proposed rates, dates:

Start date: 9/6/22, 645AM- bus pick up & bus drop off (240PM if HBMS, 3PM if Spaulding only)- 6pm

Rates: Current **10 Day Pass:** 645am-830am, \$100.00 // **Late Start** (qty 1 day): 645am-11am, \$27.00 // **10 Day Pass:** 230pm-6pm, \$175.00 // February & April Vacation // **Combo 10 Day pass-** Wake up Shake up & Reckids, \$260

Discussion: **Early Release** (qty 1 day): 11am-6pm, \$44.00, **Full Day** (qty 1 day): 8am-6pm, \$63.00

Reckids staff, hiring:

- Replacing staff- over 18
- Bonnie no longer wants to work Reckids program

Mind Over Matter Social Group: grades 5-8(ARPA funded)

10 max kids

Start date: 9/13/22, 615pm-715pm, 6 Tuesday sessions. Ongoing for school year

Almost Adulting 101: Home Ec (United Way Grant, 85% Funded @ \$13,500)

5 Sessions, 4 weeks each, 25 kids max per session

For the Home Management course, participants will have taken a field trip to the grocery store where they successfully purchased necessary items for day-to-day life while managing their personal budget. Participants will also visit a laundromat where they will successfully complete a load of laundry. Household hacks for home repair, upkeep.

For the Working with Your Hands (Auto & Sewing) course, participants will receive a course book that details auto parts and tools to do minor projects. Participants will visit Townsend Ford for an in-person look at basic auto mechanics and will be working as 5 person teams to change oil and a tire. For the sewing portion, participants' success will be measured by their completed sewing project.

For the Cooking & Nutrition course, upon completion of coursework, the goal participants will be to successfully plan and create/cook 3 meals. Participants will come out of the course with a personalized nutrition and fitness plan that they will successfully carry out.

For the Budgeting course, participants will have a personalized budgeting book. The goal will be for them to create a person budget that they will successfully manage their finances against. Making money: Non-conventional jobs, side gigs, entrepreneur

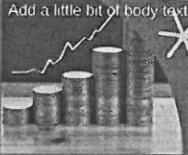
For the Health & Wellness course, participants will come out of the course with a personalized journal that will help them manage their overall mental health.

The overall goal of the five courses is for participants to produce respective projects relating to each course subject. With those projects/examples, participants will be able to continue through their lives and enter adulthood confidently.

Almost Adulthood

* Home Ec for Today's Generation!

HOME MANAGEMENT
WORKING WITH YOUR HANDS
HEALTH & WELLNESS
COOKING & NUTRITION
FINANCE



Course 1: 9/17 & 24, 10/1 & 10/8
Course 2: 10/22 & 29, 11/5 & 12
Course 3: 1/8, 1/15, 1/22, 1/29
Course 4: 2/26, 3/5, 3/12, 3/19
Course 5: 4/29, 5/6, 5/13, 5/20

Saturdays, 830-10am
The Rec Center

Paid for, in part, by a grant from
The United Way of Central Massachusetts